

# STOP SUPERBUGS

2020

700.000 deaths per year  
worldwide due to antibiotic  
resistance

2050

Superbugs will be the first  
cause of mortality in the world

The emergence of antimicrobial resistances  
precludes the use of antibiotics  
to treat bacterial infections.

**Get involved,  
together we can avoid  
the next pandemic!**

## WHAT CAN YOU DO TO HELP US STOP THE EMERGENCE OF RESISTANCES?

1

### **Wash your hands and... do it right!**

For at least 40 seconds, with soap  
and frequently.  
It's the best way **to prevent  
infections.**



2

### **Take your antibiotics only when prescribed.**

Antibiotics only treat bacterial  
infections, **not viral.** Don't share  
or recommend antibiotics.



3

### **Don't keep leftover antibiotics in the medicine cabinet.**

Once you finish the treatment,  
**bring them to the collection  
point of your pharmacy.**



SIGRE

4

### **Don't leave your treatment half way**

To not finish it causes the  
bacteria not to be fully  
eliminated and to **become  
resistant.**



5

### **Be well informed, not everything you see on social media is true or verified.**

Before following any *influencer*,  
**ask your doctor and/or pharmacist  
to solve your doubts!**



6

### **ACT NOW!**

Antibiotics are essential to fight  
bacterial infections. Their misuse  
can cause the loss of their efficacy  
against infections.



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